



Our grips are handmade to fit based off of your ring finger size. If you are a 1/2 size, please round up to the next size. Since sizing is based on ring size, our grips provide a tighter fit than typical leather grips. They will last 3-6 months depending on frequency of use. The Natural Grips are easily secured with your own wrist wraps or athletic tape.

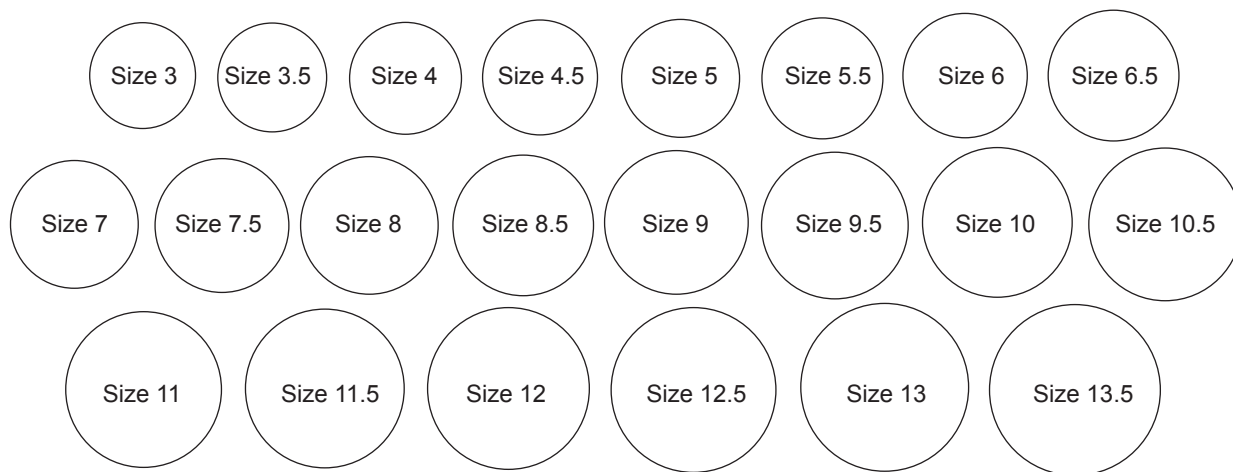
OPTION 1: String Test

Cut a small piece of string, thread or ribbon from a spool. Wrap it snugly around your finger for an accurate measurement, but be careful not to wrap the string too tight. Aim for a comfortable, snug fit. Compare your measurement to the sizing chart below.

Size 3	44.0 MM	Size 6.5	53.1 MM	Size 10	62.2 MM	Size 12	67.2 MM
Size 3.5	45.2 MM	Size 7	54.3 MM	Size 10.5	63.5 MM	Size 12.5	68.5 MM
Size 4	46.5 MM	Size 7.5	55.6 MM	Size 11	64.7 MM	Size 13	69.7 MM
Size 4.5	47.8 MM	Size 8	57.2 MM	Size 11.5	66.0 MM	Size 13.5	71.0 MM
Size 5	49.0 MM	Size 8.5	58.4 MM				
Size 5.5	50.3 MM	Size 9	59.7 MM				
Size 6	51.7 MM	Size 9.5	60.9 MM				

OPTION 2: Ring Size Match

Print this sheet out. Make sure it is at 100% resolution. Find the matching circle. Take a ring that fits the relevant finger. Place the ring over the circles, and find the circle which completely fills the inside of the ring without overlapping. Your size is written inside the matching circle.



OPTION 3: Paper Test

Print and cut out the paper sizer below. Make sure it is at 100% resolution and that you cut it carefully for accuracy. Create a slit by making a small cut on the line labeled "Your Size." Place around your ring finger and pull the pointed end to create a snug fit. Make sure not to wrap the paper too tight. Aim for a comfortable, snug fit.

